

## Agenda-At-A-Glance

Provider	Leadership	System	Family Resource Center
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Monday, March 27<sup>th</sup>



**9:00am Keynote**

**The DNA of Hope: The Science of the Positive Framework**

*Dr. Jeff Linkenbach, The Montana Institute*

*The Montana Institute's Science of the Positive (SOTP) framework is the foundation of HOPE (Health Outcomes from Positive Experiences). The Science of the Positive is the study of how positive factors impact culture and experience. It focuses on how to measure and grow the Positive, and has been applied for decades with individuals, state and provincial agencies, colleges, communities, worksite safety and tribal nations. In this highly interactive workshop, Dr. Linkenbach will present core concepts of the Science of the Positive and HOPE as he guides participants through interactive discussions. Participants will engage in chat box questions and self-reflection; participate in dialogue and discussions.*



**10:30am Morning Workshops**

**Breaking the Cycle of Emotional Abuse**

*Francesca Raelison*

*Omena's mission is to break the cycle of emotional abuse. We envision a generation of children with greater self-esteem and inner strength empowered to drive positive changes in their communities. We are doing this by equipping, supporting, and empowering young adults and children with the social and emotional intelligence tools to nurture self-esteem and empathy. This presentation will highlight the work of an early stage that prevents emotional abuse from happening in the first instance and can potentially prevent escalation to physical violence.*

**Collaborating to Address Adverse Childhood Experiences in Southeastern North Carolina**

*Scottie Seawell, Tocarra Osborne, Latoya Beatty, & Stacie Kinlaw*

*This session will explore the collaborative effort to improve coordination within and between systems to enhance care for children impacted by ACEs in southeastern NC. The panel will describe the strategic planning efforts led by local coalitions and the creation of action plans at the county and regional levels. The audience will learn about how these action plans protect the most vulnerable children from child abuse and neglect while also increasing awareness about ACEs and trauma informed approaches.*

**Elements of Optimal Child Development**

*Diana Moser-Burg*

*When working with children and families it is important to utilize the elements of optimal child development as the foundation of holistic, whole-person care. Utilizing this strength-based approach, we can truly meet children and families where they are and look at approach goals rather than focusing on deficits. This approach supports engagement of families and is culturally sensitive in nature since families lead the way in identifying how these elements are best represented in their family and community, In addition, it assists caregivers in creating healthy connections that lessen their stressors and create natural supports that are necessary in a post-pandemic world.*

**Leading Through Change: Supporting Leaders and Staff Through the Messy Middle**

*Chuck Price*

*The approach to leadership is in a state of change. Leaders need to be more human, and more vulnerable, in their roles. This takes genuineness, authenticity, vulnerability and transparency – all helpful to build trust and relationship within an organization, which in turn also builds resiliency. Resiliency helps leaders and organizations weather the challenges and stressors of the day-to-day and especially the waves of change. This presentation will outline strategies for managing the messy middle and leadership lag that leaders may encounter.*

**Family Resource Centers – Americas Best Kept Secret**

*Andrew Russo*

*More than 3,000 Family Resource Centers (FRCs) in 36 states and the District of Columbia work with more than 2 million people annually, and because they have emerged organically without dedicated federal funding, they are often described as "America's best kept secret." FRCs work with families in a strengths-based, multi-generational, family-centered approach to enhance parenting skills, foster the healthy development and well-being of children, youth, and families, prevent child abuse, increase school readiness, connect families to resources, develop parent and community leadership, engage males and fathers, support healthy marital and couples relationships, and promote family economic*

success. This session will explore these organizations and focus on their impact on communities. If you are involved with a Family Resource Center already, the benefits of being part of a state FRC Network will also be explored during this workshop.



## 1:00 PM Afternoon Workshops

### **Building the Foundation: Implementation Tools that Drive Statewide System Scale-Up** *Rachael Burrello, Veronica Kirkland, & Jeanna Capito*

Only about 3% of NC children under 6 currently receive evidence-based home visiting; the NC Home Visiting & Parenting Education (HVPE) System envisions a state where all families (100%) have access to a range of home visiting and parenting education supports, from the prenatal period to age eight, within a coordinated delivery system, which will positively impact parent-child relationship and family and child well-being. Attendees will see demos of tools developed to support this system and explore their roles in advancing system change.

### **Creating Pathways to Hope and Healing for Children After Domestic Violence Through Community Partnership** *Hannah Mould*

The Guilford County Family Justice Center provides specialized youth programming for children ages 7-16 that fosters pathways to hope and healing for youth living with domestic violence and trauma through community and evidence-informed mentoring programs and summer camp. Expanding on the national Camp HOPE America model, a trauma-informed program focusing on hope and resilience by providing children with high adventure, challenge-by-choice activities, Guilford County has built an intentional community of children and families working together with professionals to break the cycle of family violence and abuse. This presentation will provide an overview of youth programming in Guilford County, with a focus on the benefits of peer support and mentorship for children who have experienced family violence and abuse, such as promoting healthy relationships skills, preventing future violence and abuse, and developing leadership skills.

### **Early Relational Health: A paradigm shift for child health and early childhood systems** *David Willis, MD, FAAP*

Early relational health (ERH) — the state of emotional well-being that grows from the positive emotional connection that babies and toddlers and their parents/caregiver experience with each other — has galvanized the discussion of a paradigm shift for practitioners, policymakers, and early childhood advocates. This presentation will expand on the concept of ERH, the current knowledge of best practices that advance ERH and a vision for the future.

### **"Nothing About Us, Without Us" in Action** *Jeanne Preisler, Lanitta Berry, and Debra Day*

Even with the best of intentions, agencies sometimes struggle to engage the very people they are trying to help. It turns out that authentic, meaningful engagement isn't easy. Attend this workshop to learn how to implement one core strategy that can help improve engagement, services, and outcomes. When agencies regularly include the voices of those receiving services in a program's design, everybody wins. Families get the services they need, engagement increases, programs become more effective, and we see better outcomes which lead to healthier communities. This workshop will give agencies ideas on how to walk the walk regarding the principle of "nothing about us without us." "This session will give you practical (yet simple) strategies to recruit, support, and retain Family Partners and engage them on a system level to improve child and family outcomes.

### **Family Resource Centers: National Standards of Quality**

The nationally-adopted Standards of Quality for Family Strengthening & Support are designed to be used by all stakeholders — public departments, foundations, networks, community-based organizations, and families — as a tool for planning, providing, and assessing quality practice. The Standards have created a common language across different kinds of Family Strengthening and Family Support programs such as Family Resource Centers, home visiting programs, and child development programs.



## 3:00 PM Workshops & Discussion Sessions

- **Sessions will include Family Voice – Be Strong Families**
- **Trauma Informed Leadership & Organizational Wellbeing**
- **PACEs Science & how PACEs Connection nurtures positive childhoods through learning & leadership**
- **NC FRC Connections and Network Opportunity**

Come and connect with other Family Resource Center's! Learn about other FRC's in North Carolina and the development process of the new NC FRC Network! Plus, there will be an opportunity to join the new NC FRC Network at a discounted rate!

Tuesday, March 28<sup>th</sup>



9:00am KEYNOTE

### **Prevention of Child Sexual Abuse: Policy and Practice with a NC Lens**

**Dr. Janet Rosenzweig**

*With the understanding that ‘policy’ describes what is supposed to be done, and ‘practice’ describes what actually happens in the field, this presentation will show how policy implementation theory can be used to enhance child sex abuse prevention programming in North Carolina.*

*Presented by a trained sex educator who spent her career in public child welfare and child sexual abuse prevention, we will look at how the characteristics of a policy and the environment in which it is meant to be implemented impact practice, and identify the variables that can be managed to improve the probability of successful programming. A special focus will be on how the sensitive nature of sexual issues impacts progress on this issue.*



## 10:30AM Workshops

### **Authentic Engagement with Pregnant and Parenting Populations**

**Lanitta Berry**

*This session will focus on the importance of engaging pregnant and parenting teens in different aspects of child welfare. From providing services to resources, it is important to understand the needs of wants when engaging with expecting and parenting teens. Some discussion topics will include strategic sharing, some key challenges and barriers, and engaging in peer-to-peer discussion.*

### **Everything Happens in the Context of Relationships – So Why Aren’t We Investing in Them?**

**Mebane Boyd, Daphne Alsiyao, and Mary Scott**

*We are all working diligently to improve the lives of children and families, increase protective factors, and strengthen communities so they can be better places where families can thrive. Often, however, we neglect the one secret ingredient in our soup of support: developing and strengthening our relationships with families, colleagues, and others in our community. Find out why relationships are so important and what keeps us from spending the time necessary to invest in relationship building. This workshop will help participants understand that building relationships is some of the most important work we do (in fact, it IS the work) and what we can do to change our perspective about the importance of spending time, energy, and even money, to develop genuine relationships built on trust and collaboration.*

### **Invisible Sentence: Recognizing, Supporting, and Advocating for Children of Incarcerated or Returning Parents**

**Melissa Radcliff**

*On any given day, there are an estimated 2.7 million children in the United States with at least one incarcerated parent. In North Carolina the best estimate is more than 17,000. This workshop will focus on what we know and do not know about the children (often an invisible group dealing with shame, stigma, and a sense of isolation) and the impact of parental incarceration and re-entry, what strategies could be developed and implemented to identify and serve the children, how to engage advocates in a conversation about advancing policies supporting the children (including policies that directly impact incarcerated and returning parents and indirectly impact their children), current gaps in resources and data collection, and new ways to partner and collaborate to better meet the needs of the children.*

### **Empowered Leaders Leveraging Social and Emotional Learning (SEL) to Prevent Child Abuse**

**Beth Rice**

*In this session, leaders in preventing child abuse will define social and emotional learning, reflect on personal social and emotional competencies, understand the current landscape of social and emotional learning, practice communicating about social and emotional learning, and consider how to explicitly integrate social and emotional learning into individual efforts to prevent child abuse. Leaders will leave this session with multiple resources and advocacy tools to advance social and emotional learning in their efforts to prevent child abuse.*

### **Using Youth Experience Survey Data to Build Community Collaboratives and Improve Youth Outcomes**

**Mildred Johnson, Cynthia Weaver, Melissa DeRosier**

*The Evidence2Success framework developed by the Annie E. Casey Foundation brings together leaders of local public systems and community residents on a collaborative that uses data to identify youth priorities, outcomes, risk and protective factors to improve youth outcomes along with an online toolkit to assist in the process.*

**Family Resource Center Networks**

## Andrew Russo & Panel- Representatives from selected state FRC Networks

How are other states utilizing Family Resource Center Networks to strengthen capacity in Family Resource Centers, individuals, families, and communities?

What are lessons learned from neighboring State Networks?

Join us as we explore these questions and more, during this panel discussion.



### 1:00 Awards Ceremony

*Ms. Black NC – Eulanda Thorne*



### 3:00 PM Workshops

#### Minors' Rights to Care and Confidentiality – the Importance of Sexual Health Education in Teen Violence Prevention

*Jeanne Irwin-Olson*

In North Carolina, a minor can see a medical professional for the diagnosis, treatment, and prevention of pregnancy, STIs, mental health, or substance abuse. Beyond encouraging access to care, North Carolina's minor's consent law provides a lifeline to our most vulnerable youth: those with uninvolved parents and those who are victims of abuse at the hand of a parent or guardian. For younger adolescents who have had sex –and who bear some of the greatest risk factors for teen pregnancy – 60% report that their first sexual experience was not consensual. Coupled with evidence on child sexual abuse, there is a high likelihood those youth are abused by the very family member whose permission would be required under parental consent laws. Research suggests that comprehensive sexual health education is a protective factor for teens as they are more likely to recognize inappropriate behaviors and advances by a perpetrator and with their increased knowledge, are also more likely to report abuse.

#### Prevention of Child Sexual Exploitation: Insights from Adult Survivors

*Tamara Hurst*

This qualitative retrospective study explores the prevention of the commercial sexual exploitation of children (CSEC) from the perspectives of adult survivors. These participants represent a subsample (n = 17) of a larger sample of adult female survivors (n = 40) who took part in a research study concerning the influence of childhood emotional maltreatment on the vulnerability of CSEC. Participants learned of the study through specific agencies and survivor listservs. All are United States' citizens over the age of 18 years who were sexually exploited during their youth between the ages of 1 year and 17 years while residing in the United States. Six themes with relevance to vulnerability to recruitment and barriers to prevention emerged after analysis. These themes include difficulty trusting medical and mental health professionals; difficulty trusting law enforcement; protection of family members; self-destructive behaviors; a need for CSEC awareness in educational settings; and a need for CSEC awareness among at-risk youth. Extant literature previously identified similar themes as areas of vulnerability to recruitment, however, these findings are specifically related to prevention programs. Implications for developing or improving prevention programs are discussed.

#### Supporting Youth Mental Health and Suicide Prevention

*Jessica Thompson & Camille Briggs*

In this presentation, we will provide an overview of common mental health concerns in youth, provide an overview of trauma in youth, provide strategies to support youth who may be experiencing suicidal ideation, to provide resources for ongoing support.

#### Triple P in North Carolina: Panel Discussion

*Sarah Clark, Justin Berrier, Cathy Henderson & James Wright*

In the panel presentation, representatives from three Triple P Local Implementing Agencies (LIAs) will provide an update on how this robust parenting education and support program is being used to support families and communities as they strive to nurture positive childhoods.

#### Benefits of NC FRC Network & Family Resource Center Network Launch/Celebration

*NC FRC Network Development Team*

Do you want all families in North Carolina to have equitable access to strengths-based resources? Are you interested in networking with other like-minded agencies and individuals to develop and expand family support services and resources throughout North Carolina?

Whether you are currently involved with a Family Resource Center, curious to learn more about how to support Family Resource Centers or want to support families in North Carolina join this session to learn about the benefits of joining the NC Family Resource Center Network and join the network!



4:30pm Closing Remarks & Prizes