

# STRENGTHENING FAMILIES PROTECTIVE FACTORS TRAINING

## WHO:

Professionals at agencies and organizations across the state including but not limited to county departments of social services, family resource centers, local health departments, child care providers, schools, and non-profit agencies.

## WHAT:

Creating safe, stable, and nurturing childhoods is something we all work towards making possible for the North Carolina children and families we serve. Throughout the Strengthening Families Protective Factors training, participants will learn about Adverse Childhood Experiences and how different levels of trauma play into the developing brains and lives of children and families. Please see below for additional information.

## REGISTER TODAY for this VIRTUAL training

Space is limited to 24 participants per training.

### Please register for the training that corresponds with your county.

Click the **REGISTER NOW** box on your region to register for that session.

**Region 3** **Feb. 8<sup>th</sup>-9<sup>th</sup> 2022**  
9:30AM-12PM  
**REGISTRATION CLOSED**

Alamance	Chatham	Randolph
Caldwell	Forsyth	Hickory
Chatham	Guilford	Jones
Davey	Orange	Surry
Davidson	Person	Yadkin

**Region 5** **Feb. 22-23, 2022**  
9:30AM-12PM  
**REGISTRATION CLOSED**

Edgecombe	Franklin	Wake
Franklin	Granville	Warren
Granville	Halifax	Wayne
Greene	Halifax	Wilson
Halifax	Vance	

### \*\*\*RESCHEDULED DATE\*\*\*

**Region 6** **March 7<sup>th</sup>-8<sup>th</sup> 2022**  
9:30AM-12PM  
**REGISTRATION CLOSED**

Bladen	Catawba	Unslow
Brunswick	Durham	Wilmington
Carteret	Guilford	Yamlico
Columbus	Rockingham	Yamlico
Craven	New Hanover	Sampson

**Region 2** **May 23-24, 2022**  
9:30AM-12PM

Alexander	Caldwell	McDowell
Alleghany	Catawba	Rutherford
Ashe	Gaston	Watauga
Avery	Iredell	Wilkes
Burke	Lincoln	

**REGISTER NOW**

**Region 4** **April 20-21, 2022**  
9:30AM-12PM  
**REGISTRATION CLOSED**

Anson	Montgomery	Rowan
Cabarrus	Montgomery	Scotland
Harnett	Montgomery	Stanly
Hoke	Robeson	Union
Lee	Robeson	

**Region 7** **May 18-19, 2022**  
9:30AM-12PM

Beaufort	Dare	Pasquotank
Bertie	Gates	Perquimans
Camden	Hertford	Tyrell
Chowan	Hyde	Washington
Currituck	Martin	

**REGISTER NOW**

### Participants will gain knowledge about Adverse Childhood Experiences (ACEs) by:

- Learning about how our brains are built and the impact of stress on the brain.
- Learning the definition of ACEs
- Learning about the ACEs Study
- Learning about the types of ACEs
- Learning about the different groups of people who experience ACEs
- Learning about the health risks associated with ACEs
- Learning about the 3 Realms of ACEs
- Learning about ACEs in NC
- Learning about Toxic Stress
- Learning about the effects of ACEs on children

### Participants will gain knowledge about Resilience

#### Participants will gain knowledge of the Protective Factors in Child Welfare by:

- Learning about the importance of the Protective Factors Approach
- Learning about the Strengthening Families Framework
- Learning what the Five Protective Factors are and everyday actions to build upon them
- Learning about how the Protective Factors are put into practice

These trainings are done in partnership with



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES