

# STRENGTHENING FAMILIES PROTECTIVE FACTORS TRAINING

## WHO:

Professionals at agencies and organizations across the state including but not limited to county departments of social services, family resource centers, local health departments, child care providers, schools, and non-profit agencies.

## WHAT:

Creating safe, stable, and nurturing childhoods is something we all work towards making possible for the North Carolina children and families we serve. Throughout the Strengthening Families Protective Factors training, participants will learn about Adverse Childhood Experiences and how different levels of trauma play into the developing brains and lives of children and families. Please see below for additional information.

## REGISTER TODAY for this VIRTUAL training

*Space is limited to 24 participants per training.*

### Please register for the training that corresponds with your county.

Click the **REGISTER NOW** box on your region to register for that session.

**Region 2** **Jan. 11-12, 2022**  
9:30AM-12PM

**REGISTRATION CLOSED**

Alexander	Catawba	McDowell
Alleghany	Catawba	Rutherford
Ashe	Gaston	Watauga
Avery	Madison	Wilkes
Burke	Lincoln	

**Region 3** **Feb. 8<sup>th</sup>-9<sup>th</sup> 2022**  
9:30AM-12PM

**REGISTRATION CLOSED**

Alamance	Chatham	Randolph
Caldwell	Forsyth	Rockingham
Chatham	Guilford	Wakes
Davey	Orange	Surry
Davidson	Person	Yadkin

**Region 5** **Feb. 22-23, 2022**  
9:30AM-12PM

**REGISTER NOW**

Edgecombe	Johnston	Wake
Franklin	Nash	Warren
Granville	Northhampton	Wayne
Greene	Pitt	Wilson
Halifax	Vance	

**Region 6** **March 7<sup>th</sup>-8<sup>th</sup> 2022**  
9:30AM-12PM

**REGISTRATION CLOSED**

Bladen	Catawba	Onslow
Brunswick	Durham	Perquimans
Carteret	Franklin	Polk
Columbus	Guilford	Sampson
Craven	New Hanover	

**Region 4** **April 20-21, 2022**  
9:30AM-12PM

**REGISTER NOW**

Anson	Mecklenburg	Rowan
Cabarrus	Montgomery	Scotland
Harnett	Moore	Stanly
Hoke	Richmond	Union
Lee	Robeson	

**Region 7** **May 18<sup>th</sup>-19<sup>th</sup> 2022**  
9:30AM-12PM

**REGISTER NOW**

Beaufort	Dare	Pasquotank
Bertie	Gates	Perquimans
Camden	Hertford	Tyrell
Chowan	Hyde	Washington
Currituck	Martin	

### Participants will gain knowledge about Adverse Childhood Experiences (ACEs) by:

- Learning about how our brains are built and the impact of stress on the brain.
- Learning the definition of ACEs
- Learning about the ACEs Study
- Learning about the types of ACEs
- Learning about the different groups of people who experience ACEs
- Learning about the health risks associated with ACEs
- Learning about the 3 Realms of ACEs
- Learning about ACEs in NC
- Learning about Toxic Stress
- Learning about the effects of ACEs on children

### Participants will gain knowledge about Resilience

#### Participants will gain knowledge of the Protective Factors in Child Welfare by:

- Learning about the importance of the Protective Factors Approach
- Learning about the Strengthening Families Framework
- Learning what the Five Protective Factors are and everyday actions to build upon them
- Learning about how the Protective Factors are put into practice

These trainings are done in partnership with



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES