

# STRENGTHENING FAMILIES PROTECTIVE FACTORS TRAINING

## WHO:

Professionals at agencies and organizations across the state including but not limited to county departments of social services, family resource centers, local health departments, child care providers, schools and non-profit agencies.

## WHAT:

Creating safe, stable, and nurturing childhoods is something we all work towards making possible for the North Carolina children and families we serve. Throughout the Strengthening Families Protective Factors training, participants will learn about Adverse Childhood Experiences and how different levels of trauma play into the developing brains and lives of children and families. Please see below for additional information.

## WHERE:

This is a virtual training, aligned with DSS's regional map.

**REGISTER TODAY** – *Space is limited to 24 participants per training.*  
**Please register for the training that corresponds with your county.**

Click the [REGISTER NOW](#) box on your region to register for that session.

<b>Region 4</b>	<b>Nov. 1<sup>st</sup>-2<sup>nd</sup> 2021</b> 9:30AM-12PM	
Anson	Mecklenburg	Rowan
Cabarrus	Montgomery	Scotland
Harnett	Moore	Stanley
Hoke	Richmond	Union
Lee	Robeson	
<a href="#">REGISTER NOW</a>		

<b>Region 1</b>	<b>Nov. 18<sup>th</sup>-19<sup>th</sup> 2021</b> 9:30AM-12PM	
Buncombe	Henderson	Polk
Cherokee	Jackson	Swain
Clay	Macon	Transylvania
Graham	Madison	Yancey
Haywood	Mitchell	
<a href="#">REGISTER NOW</a>		

<b>Region 2</b>	<b>Jan. 11<sup>th</sup>-12<sup>th</sup> 2022</b> 9:30AM-12PM	
Alexander	Caldwell	Lincoln
Alleghany	Catawba	McDowell
Ashe	Cherokee	Rutherford
Avery	Gaston	Watauga
Burke	Iredell	Wilkes
<a href="#">REGISTER NOW</a>		

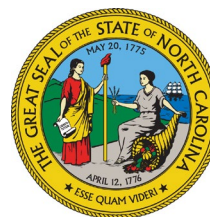
<b>Region 3</b>	<b>Feb. 8<sup>th</sup>-9<sup>th</sup> 2022</b> 9:30AM-12PM	
Alamance	Durham	Randolph
Caldwell	Forsyth	Rockingham
Chatham	Guilford	Stokes
Davey	Orange	Surry
Davidson	Person	Yadkin
<a href="#">REGISTER NOW</a>		

<b>Region 5</b>	<b>Feb. 22<sup>nd</sup>-23<sup>rd</sup> 2022</b> 9:30AM-12PM	
Edgecombe	Johnston	Wake
Franklin	Nash	Warren
Granville	Northhampton	Wayne
Greene	Pitt	Wilson
Halifax	Vance	
<a href="#">REGISTER NOW</a>		

<b>Region 6</b>	<b>March 7<sup>th</sup>-8<sup>th</sup> 2022</b> 9:30AM-12PM	
Bladen	Cumberland	Onslow
Brunswick	Duplin	Pamlico
Carteret	Jones	Pender
Columbus	Lenoir	Sampson
Craven	New Hanover	
<a href="#">REGISTER NOW</a>		

<b>Region 7</b>	<b>May 18<sup>th</sup>-19<sup>th</sup> 2022</b> 9:30AM-12PM	
Beaufort	Dare	Pasquotank
Bertie	Gates	Perquimans
Camden	Hertford	Tyrell
Chowan	Hyde	Washington
Currituck	Martin	
<a href="#">REGISTER NOW</a>		

These trainings are done in partnership with



NC DEPARTMENT OF  
**HEALTH AND  
 HUMAN SERVICES**

### Participants will gain knowledge about Adverse Childhood Experiences (ACEs) by:

- Learning about how our brains are built and the impact of stress on the brain.
- Learning the definition of ACEs
- Learning about the ACEs Study
- Learning about the Types of ACEs
- Learning about the different groups of people who experience ACEs
- Learning about the health risks associated with ACEs
- Learning about the 3 Realms of ACEs
- Learning about ACEs in NC
- Learning about Toxic Stress
- Learning about the effects of ACEs on Children

### Participants will gain knowledge about Resilience

#### Participants will gain knowledge of the Protective Factors in Child Welfare by:

- Learning about the importance of the Protective Factors Approach
- Learning about the Strengthening Families Framework
- Learning what the Five Protective Factors are and everyday actions to build upon them
- Learning about how the Protective Factors are put into practice