

NORTH CAROLINA IMPLEMENTATION GUIDELINES

TRIPLE P LEVEL 4 STANDARD

Prevent Child Abuse North Carolina (PCANC) provides support for quality implementation of Triple P Level 4 Standard. These guidelines reflect the components necessary for effective implementation with program fidelity. For more complete information on Triple P Level 4 Standard model fidelity please refer to <https://www.triplep-parenting.net/provider>.

TARGET POPULATION

Triple P Level 4 Standard is designed for parents and caregivers with children up to 12 years old experiencing moderate to severe levels of behavioral problems across various settings. Families who are a good fit usually prefer a one-on-one intervention and are able to commit to 10 regular one-hour sessions. Providers should also ensure that their target population aligns with any funder requirements.

STAFFING

COORDINATORS AND/OR SUPERVISORS

- Provide regular, ongoing one-on-one supervision for practitioners.
- Conduct at least two fidelity assessment observations per year, for each practitioner, to ensure model fidelity and provide strength-based feedback based on these observations.
- Provide opportunities for peer support within your team that could include the review of video clips and discussion of family needs.
- Encourage practitioners' weekly planning time for curriculum review and session delivery.
- Encourage and track practitioners' time and engagement in coaching and implementation support from PCANC, including video reviews.

PRACTITIONERS

- Attend Triple P Level 4 Standard training prior to implementation.
- Commit to implementing the manualized curriculum as intended.
- Support caregivers in using positive discipline strategies and developing new skills.
- Review curriculum and plan before each session.
- Administer and review assessment tools and discuss feedback with families.

RECOMMENDED STAFF TIME FOR EFFECTIVE IMPLEMENTATION

- Practitioners need at least **36 hours per series, per family**, for program preparation, delivery, planning, and 1:1 supervision.
- An **additional 6 hours per week** are needed for coordination activities, including, but not limited to: promoting the program, recruiting parents, logistics, paperwork, data collection, reporting, and providing support outside of sessions.
- Practitioners will need **9-10 hours per semester** to participate in PCANC support, PASS, and video review. Practitioners may participate in up to 9 additional hours of support based on need.
- Coordinators are encouraged to participate in **7.5 hours of PCANC support per semester**. Coordinators may participate in up to 8 additional hours of support based on need.

LOCATION & CHILDCARE

- Sessions may take place at an agency, community location, or within a family's home.
- The meeting location should minimize travel barriers for families, and transportation should be provided for families if needed.
- Agencies should plan for providing quality childcare depending on the location selected.

DURATION AND DOSAGE

- Triple P Level 4 Standard consists of 10 sessions. This includes 3 telephone or home visit practice sessions to assist caregivers in using behavior change strategies. An additional session to allow more time for assessment and/or practice may also be helpful.
- Dosage is generally one session per week, with the 3 practice sessions scheduled at a frequency that aligns with each family's needs.
- Sessions 1-4 and 8-10 are one hour. Practice Sessions (sessions 5-7) are 40 to 60 minutes.
- Program content should be covered as intended and presented in the same order as outlined in the curriculum.

ENROLLMENT & COMPLETION

RECRUITMENT & ENROLLMENT

- Recruitment should be viewed as an ongoing process.
- Providers should speak with each prospective family prior to a series to determine goodness of fit, review goals and expectations, discuss barriers to attendance, and confirm family members who will be participating.
- Agencies should enroll custodial caregivers as well as other adults in a parenting role.

COMPLETION

- Participants should be encouraged to complete all 10 sessions.
- Providers should check with their funders regarding other specific requirements for completion.
- Incentives are encouraged throughout the series to support participant retention.

PROGRAM EVALUATION

Network agencies participate in a statewide evaluation process and receive agency level and statewide reports as part of this process. Agencies are encouraged to use both process and outcome evaluation data to inform their work.