

The Incredible Years Preschool and School Age BASIC Parent Training

FY 2019-2020 Snapshot



North Carolina Statewide Summary

Special Notice

Due to the 2020 coronavirus pandemic causing a statewide stay-at-home order and banning group activities, the evaluation of spring IY classes was canceled. This is the final report for FY 2019-2020.

Overview

For the period of July 2019 through January 2020, 24 IY Preschool and 14 IY School Age series were completed with a total enrollment of 387 parents/caregivers, representing 310 families, and providing 310 sets of matched pre/post-test evaluation instruments for this report.

Findings

Analyses of individual subscales show an overall positive impact of the IY BASIC Parent Program on parenting skills and child behavior. Results listed below that are statistically significant are followed by (SS), meaning analysis resulted in a p-value of 0.0500 or less indicating mathematical confidence that the result is reliable and unlikely to have been produced by chance.

Parenting Skills

Parent Practices Interview (PPI)

Negative Parenting Behaviors

- Harsh Discipline: Decrease (SS)
- Inconsistent Discipline: Decrease (SS)

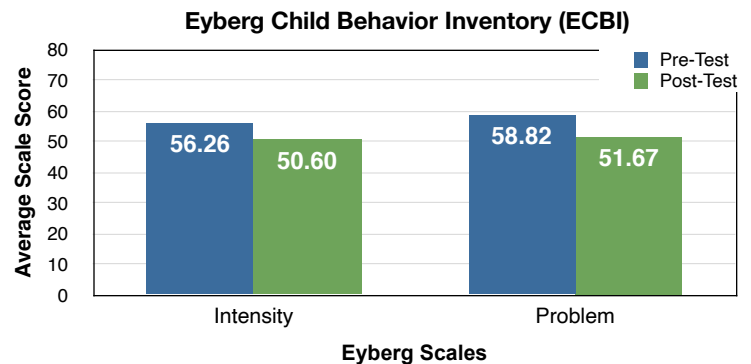
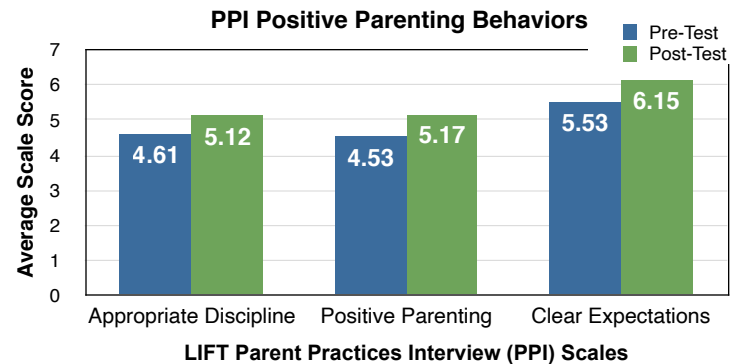
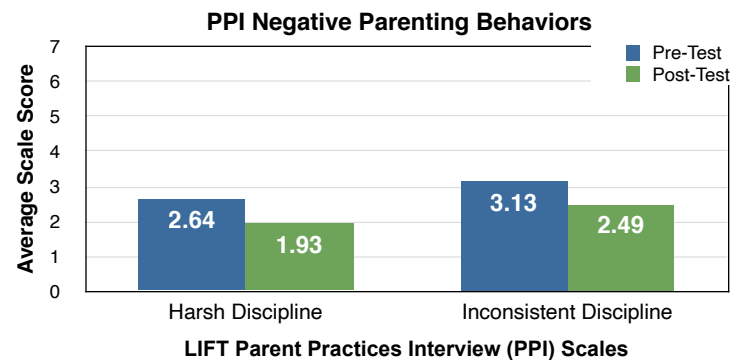
Positive Parenting Behaviors

- Appropriate Discipline: Increase (SS)
- Positive Parenting: Increase (SS)
- Clear Expectations: Increase (SS)

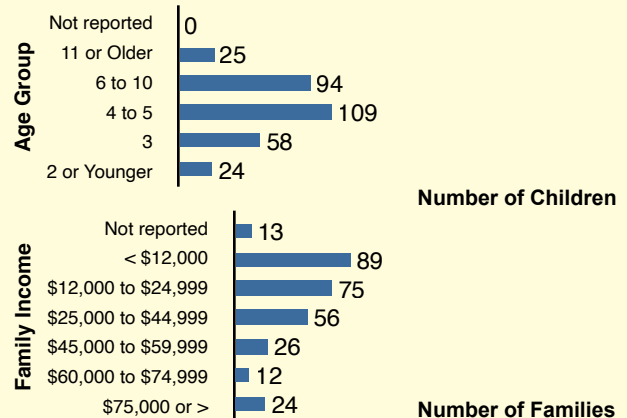
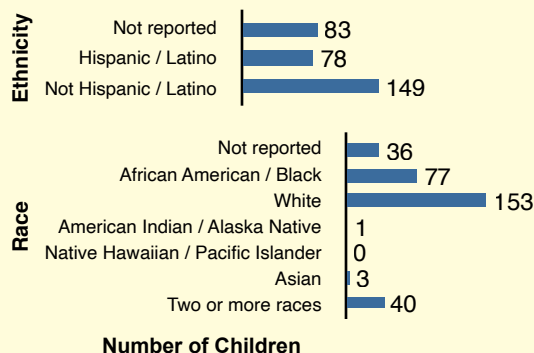
Child Behavior

Eyberg Child Behavior Inventory (ECBI)

- Intensity: Decrease (SS)
(frequency of child's problem behaviors)
- Problem: Decrease (SS)
(degree to which the behaviors are problematic)



Target Child Demographics (All families)



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North Carolina Statewide Demographic Summary

Parent / Caregiver Demographics

Status		Gender		Relationship to Child		Ethnicity		Race	
Not reported	2	Not reported	4	Mother	259	Not reported	77	Not reported	46
Married / Partnered	200	Male	90	Father	81	Hispanic / Latino	82	African American / Black	92
Single	126	Female	293	Other Relative	38	Not Hispanic / Latino	228	White	226
Separated	32			Other	9			American Indian / Alaska Native	1
Divorced	21							Native Hawaiian / Pacific Islander	0
Widowed	6							Asian	4
								Two or more races	18

Family Demographics

Annual Family income		Primary Language		Ages of All Children in the Household					
Not reported	15	Not reported	7	Under 1 year	39	7 years	37	14 years	16
< \$12,000	94	English	252	1 year	44	8 years	39	15 years	14
\$12,000-\$24,999	78	Spanish	47	2 years	51	9 years	37	16 years	7
\$25,000-\$44,999	59	Other	4	3 years	82	10 years	32	17 years	2
\$45,000-\$59,999	28			4 years	90	11 years	18	18 years	5
\$60,000-\$74,999	12			5 years	73	12 years	30	19 years	5
\$75,000 and >	24			6 years	52	13 years	18	20+ years	1

Target Child Demographics

Gender		Ethnicity		Race		Age			
Male	188	Not reported	83	Not reported	36	Not reported	0	7 years	22
Female	122	Hispanic / Latino	78	African American / Black	77	Under 1 year	1	8 years	14
		Not Hispanic / Latino	149	White	153	1 year	3	9 years	14
				American Indian / Alaska Native	1	2 years	20	10 years	17
				Native Hawaiian / Pacific Islander	0	3 years	58	11 years	8
				Asian	3	4 years	61	12 years	12
				Two or more races	40	5 years	48	13 years	1
						6 years	27	14+ years	4