

WAYS TO #BeAConnection

- Leave unused coupons next to corresponding products at the grocery store
- Pull your neighbor's garbage can in from the curb
- Let someone hop in front of you in line who only has a few items
- Leave a gas gift card at a gas pump
- Have a LinkedIn account? Write a recommendation for coworker or connection
- Leave quarters at the laundromat
- Add time to a stranger's parking meter
- Encounter amazing customer service? Take 5 minutes to tell a manager
- Send a gratitude email to a coworker
- Pay it backward: buy coffee for the person behind you in line
- Donate gently used books or art supplies to your local community center
- Know parents who could use a night out? Offer to babysit for free
- Give a high-five
- Return shopping carts for people at the grocery store
- Tell a parent what a great job they are doing
- Leave a server an unexpectedly generous tip
- Pay bus fare for the person behind you in line
- Learn the names of the people you see every day and greet them by name
- Purchase extra dog or cat food and bring it to an animal shelter
- Give a compliment
- Send a Thank You card to your local police or fire station
- Pay a stranger's library fine
- Run an errand for a busy family member
- Offer a cold water bottle to your mail carrier on a hot day
- Put your phone away while in the company of others
- Compliment the first three people you speak with today
- Know someone with a small business? Share their business online with your friends
- Ask how someone's day was - and listen
- Share your umbrella in a rainstorm
- Post a positive Yelp review for a local business you love
- When someone asks "how are you today?", return the favor
- Send a grateful text message to a friend
- Let a driver know when you're leaving in a busy parking lot
- Offer an unused gift card to a stranger
- Help a neighbor or friend who is moving
- Create a list of emergency babysitter contacts in your neighborhood and share with your listserv
- Compliment someone's style
- Write - or email - a teacher who made a difference in your life
- Make a full pot of coffee for the office
- In a traffic jam but not in a hurry? Let someone merge in front of you
- Offer to help an elderly neighbor with yard work
- Say hello to neighbors as you walk by
- Create a list of emergency babysitter contacts in your neighborhood and share with your listserve
- Tell your loved ones you love them, just because
- Offer to take carpool
- When you know someone's favorite treat- surprise them with it one day
- Write a letter/send a card to let someone know you were thinking of them that day
- Walk a neighbor's dog
- Share flowers or veggies from your garden
- Offer to edit a friend's resume or cover letter
- Volunteer with a local organization
- Make a charity donation in someone else's name
- Offer to buy lunch for a colleague or friend at their favorite place
- Share a good book by giving a copy to a friend
- Bake a cake for a family member or friend's birthday
- Pick up trash when you see it on the road/sidewalk
- Buy lunch for a person in need
- Share your phone charger
- Volunteer with a local organization
- Cook a freezer meal for a busy parent
- Host a food drive
- Create "Welcome Home" baskets for neighborhood families in transition
- Drive someone to vote
- Sponsor a summer lunch program in your congregation
- Refer someone for a job
- Join the PTA and engage with your child's education
- Hold the door open for the person behind you
- Start a Book Buddies program
- Set-up a toy lending library amongst neighbors and friends
- Hold the door open for the person behind you