

# Strengthening Families Program 6-11

FY 2018-2019 Summary Snapshot

## North Carolina Strengthening Families Program Network Statewide Summary

### Overview

For the period of July 2018 through June 2019, 14 SFP 6-11 cycles were conducted at six NC SFP agencies with a total enrollment of 169 parents/caregivers and 200 children ages 6 to 11, representing 121 families. Using a repeated measures retrospective pre- and post-test design, 119 data sets were submitted for analysis. The scorable sample size for individual subscales ranged from 97 to 119.

### Findings

Analyses of individual subscales show statistically significant improvements for each of the 14 outcomes (p-value of 0.05 or less indicating mathematical confidence that the result is reliable and unlikely to have been produced by chance). Outcomes for cluster scales looking at results across family, parenting, and child outcomes are listed below. Outcomes for each individual family, parent, and child subscales are shown in the charts to the right. Effect sizes (Cohen's *d*) are noted for all scales indicating the magnitude of change.

\*SMALL: Cohen's *d* = less than 0.20

\*\*MEDIUM: Cohen's *d* = 0.20 - 0.50

\*\*\*LARGE: Cohen's *d* = greater than 0.50

### Cluster Scales

#### Family Outcomes\*\*\*

The Family Cluster Scale showed large change across all outcomes. (*d*=0.66)

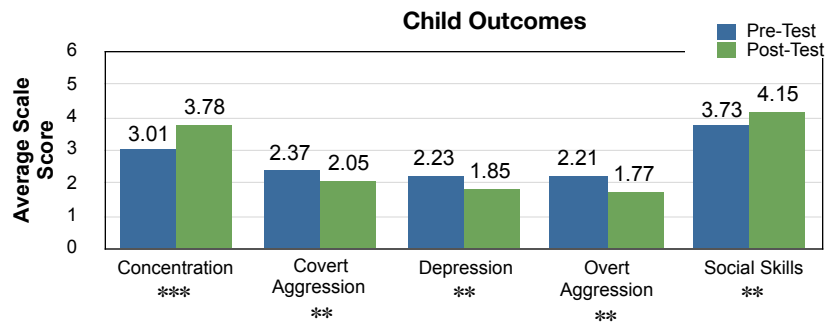
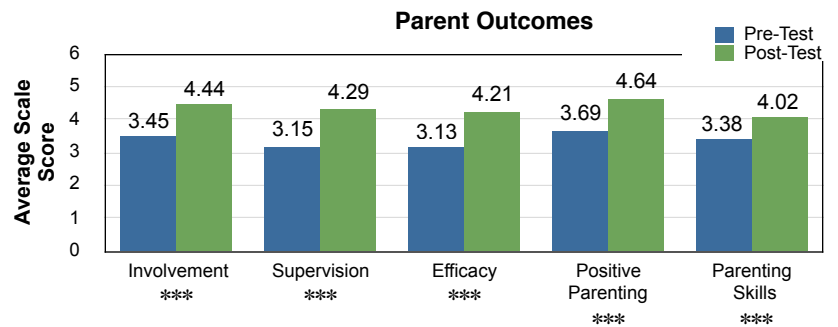
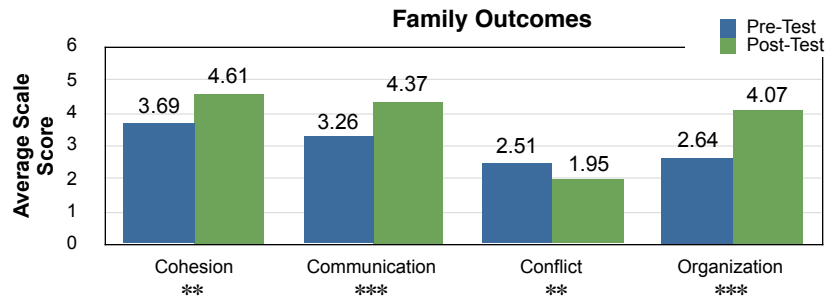
#### Parent Outcomes\*\*\*

The Parent Cluster Scale showed large change across all outcomes. (*d*=0.67)

#### Child Outcomes\*\*\*

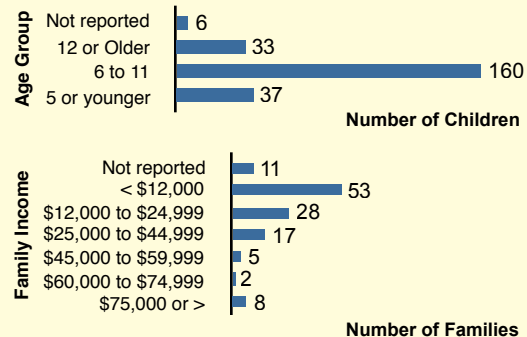
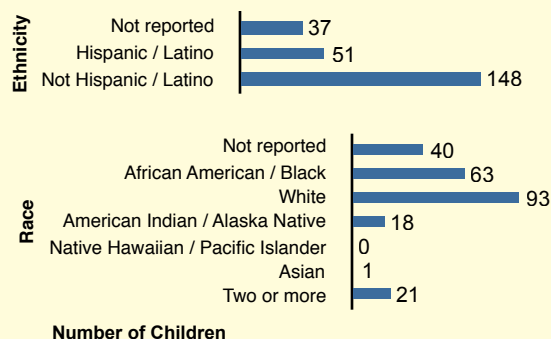
The Child Cluster Scale showed large change across all outcomes. (*d*=0.52)

### Individual Scales



### Participating Child Demographics

(124 parents/caregivers reported demographic data using PCANC SFP Parent/Caregiver Profile Sheet)



## North Carolina Statewide Demographic Summary

The demographics in the following tables were derived from post-test administration of the PCANC Strengthening Families Parent/Caregiver Profile Sheet and represents 124 participants from the 14 SFP cycles. The profile sheet collected data from all participants independently (i.e., families with more than one adult participant were not specifically identified); therefore, the Family and Participating Child numbers may represent duplicated counts.

### Parent / Caregiver Demographics

Status		Gender		Relationship to Child		Ethnicity		Race	
Not reported	3	Not reported	9	Not reported	11	Not reported	35	Not reported	25
<b>Married / Partnered</b>	<b>51</b>	Male	16	<b>Mother</b>	<b>78</b>	Hispanic / Latino	29	African American / Black	30
Single	39	<b>Female</b>	<b>99</b>	Father	12	<b>Not Hispanic / Latino</b>	<b>60</b>	<b>White</b>	<b>55</b>
Separated	16			Other Relative	19			American Indian / Alaska Native	5
Divorced	9			Other	4			Native Hawaiian / Pacific Islander	0
Widowed	6							Asian	0
								Two or more	9

### Family Demographics

Annual Family income		Primary Language		Ages of All Children in the Household ( <i>parent-provided list of ages</i> )					
Not reported	11	Not reported	12	Under 1 year	6	7 years	20	14 years	3
<b>&lt; \$12,000</b>	<b>53</b>	<b>English</b>	<b>87</b>	1 year	11	8 years	17	15 years	8
\$12,000-\$24,999	28	Spanish	25	2 years	17	9 years	16	16 years	2
\$25,000-\$44,999	17	Other	0	3 years	6	10 years	20	17 years	3
\$45,000-\$59,999	5			4 years	15	11 years	8	18 years	0
\$60,000-\$74,999	2			5 years	19	12 years	4	19 years	1
\$75,000 and >	8			6 years	15	13 years	6	20+ years	0

### Participating Child Demographics

Gender		Ethnicity		Race		Ages of Participating Children ( <i>age on June 30, 2019 from date-of-birth</i> )					
Not reported	18	Not reported	37	Not reported	40	Not reported	6	6 years	16	13 years	3
<b>Male</b>	<b>109</b>	Hispanic / Latino	51	African American / Black	63	Under 1 year	1	7 years	28	14 years	6
<b>Female</b>	<b>109</b>	<b>Not Hispanic / Latino</b>	<b>148</b>	<b>White</b>	<b>93</b>	1 year	6	8 years	34	15 years	4
				American Indian / Alaska Native	18	2 years	4	9 years	27	16 years	3
				Native Hawaiian / Pacific Islander	0	3 years	4	10 years	27	17 years	2
				Asian	1	4 years	11	11 years	28	18 years	0
				Two or more	21	5 years	11	12 years	15	19 years	0